



Ocean Sands Realty

(757) 426-Sand (7263) • (866) 521-7263

Fax: (757) 689-8381

2137 Upton Dr. #304 • Virginia Beach, VA 23454

www.oceansandsrealtyva.com



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**YOUR VACATION
IS ALWAYS ON
OUR MIND!**

Photo by:



www.sandbridgeportraits.com



“We wanted to raise our family in a place where people were friendly and then we came to Sandbridge. We found all of this and more in Sandbridge. These neighbors are our family, friends, and our village.”

*Jonnie Mellen
Owner, Ocean Sands Realty*

Welcome to Sandbridge Beach - the best of beach living! You won't find a friendlier community, a cleaner beach, or more beautiful backdrops than our sunrises and sunsets. They're part of what put our little piece of paradise on the map as one of the most sought-after beach destinations on the East Coast. Quiet streets at dusk give way to the early morning cries of gulls, dolphins that dance in the surf, mugs of steaming hot coffee and fresh Sandbridge Market donuts. It's also the best time for shell seekers to venture out and find their treasures.



Sandbridge is a place where kids still hang out on porches, the ice cream truck still makes its rounds through sand-strewn streets, and adults play cards and chat each other up about the good old days. Except the good old days still thrive here in Sandbridge. Time didn't stop, but it sure slows down!

When I started my company, my goal was to make sure others had the opportunity to experience the same joy that Sandbridge has brought to our family over the years. My husband and I have raised our children here,

and they will tell you there's no better place to call home. Our community is passionate about preserving our extraordinary ocean escape, making sure our beaches and neighborhoods stay safe, clean and friendly. It's because everyone plays nice in the sandbox, which is really what it's all about.

Many of my team members work and live right here in Sandbridge. Because of that, we know the area better than anyone. We are here 'round the clock 24/7, so you're in the best possible hands. We are committed to providing you with exceptional service in a timely manner at affordable prices. Whether you're looking to create summer vacation memories, want to spend the off-season by the ocean, or decide to begin your next chapter of life as homeowner, we'll help you find your slice of heaven right here in Sandbridge.





Ocean Sands Realty

Your Vacation is Always on Our Mind!

Your Little Piece of Paradise Awaits...

Ocean Sands Realty welcomes you to **Sandbridge Beach!** We locals like to call this our little slice of paradise, because quite honestly, it is. You won't find a friendlier community, more spectacular sunrises and sunsets, cleaner beaches, or a better place to call "home," be it your vacation gateway or if you decide to invest permanently in your own little piece of paradise.

Our dedicated staff is ready to assist you with anything and everything you need to make your stay as pleasant as possible. In fact, the majority of our staff live right here in Sandbridge. We are proud to call it our home and look forward to helping you create lasting memories from the moment you arrive throughout your entire stay. Whether you're looking for the ideal family vacation rental home, or your dream home on the beach, we are here to turn your dream into reality. We thank you for choosing us and look forward to seeing you soon!

Summer Hours:

Memorial Day - Labor Day
Mon. - Sat. 9am - 5pm

2137 Upton Dr. #304
Virginia Beach, VA 23454

www.oceansandsrealtyva.com

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*Cover & 8 Pages, Photos by Sandbridge Portraits.
www.sandbridgeportraits.com*

Check-In

Check-In begins at 4pm

Check For Cleanliness

Upon arrival at your Sandbridge home: Please take a few moments to look around your home to make sure everything is in order and cleaned to your satisfaction. If it is not, please call the Housekeeping Department at **(757) 426-SAND (7263)** and let them know on your check-in day. Our Housekeeping staff is standing by to make sure your vacation starts off properly!

After-Hours Problems

During the summer: After Hours

Non- Emergency Service is available, simply call our rental office at **(757) 426-SAND (7263)**.

Our After Hours Emergency Service is always available for maintenance emergencies such as no power, no water/sewer, lock-outs etc.

Please call 911 immediately in the event of emergency that threatens life or property.

Parking

Please note: parking is not allowed, per city law, on community streets unless indicated.

Towing is enforced.

Campers/RVs and Mobile units are not allowed and may not be parked or hooked up to any home. Daily parking is available within Sandbridge at designated city lots and side streets.



Keyless Entry - CARD KEYS:

How to use your Key

(Sanctuary Condo)

Your card key allows access to the building only, not your unit. You will find white card pads located next to the building access door and next to the garage elevators. You are allowed access to the elevators by using the same method as the outside doors. You will need to wave your card in front of the white pad and pull on the door or push the elevator button when you hear the beeping sound.

Lost Card Key

Card Keys are expensive. They have built-in dual technology, they are not like the typical hotel key. **There is a \$35.00 charge for lost card keys.**

Lock-Out Policy

In the event you are locked out, you can come by our office and borrow a key.

After hours you may call our office at **(757) 426-7263. After Hours Lock-Out Fee of \$50.00 will be charged.**

Locked Closets

Please respect locked closets and utility rooms. They contain the owner's personal property and are not included in your rental.

Refrigerators

Prior to your arrival Housekeeping empties and cleans all refrigerators. The refrigerator door may be left open for long periods of time during this process. After you stock the refrigerator & freezer with warm food, it will take 24-48 hours for the appliance to fully cool. Keeping drink cans and bottles in a separate cooler will expedite the cooling adjustment. Please keep refrigerator and freezer thermostats on medium settings. Moving the dial to the coldest setting will cause the appliance to freeze and not cool at all. If you do not see an improvement in 24 hours, please call and let us know.

Private Pools & Hot Tubs

Private pools and hot tubs are cleaned, vacuumed, and serviced on the day the guest arrives. Pool and hot tub vendors often work into the early evening. However, if your pool and or hot tub has not been serviced by 4:00 pm please call us. Our pools and hot tubs are routinely checked and serviced two times a week. Please note: sand is a part of the beach environment and may make its way into the pool and hot tub as the week progresses. Low amounts of blowing, shifting sand should not affect function or chemical levels.

Trash Disposal (Sanctuary)

Place trash in securely closed trash bag and place in trash chute centrally located on each floor. Large items should be neatly stacked in trash room.

(Sandbridge Dunes) please place all trash in dumpster on north side of building.

TRASH CONTAINER COLLECTION

TRASH IS COLLECTED EVERY TUESDAY YEAR ROUND AND SHOULD BE PLACED AT THE STREET MONDAY EVENING with handles on containers pointing away from the street. Do not put on the road, just close enough for the truck's arm to reach.

Saturday Pick-up

Is scheduled for both containers from Mid May to Mid September.

ALL TRASH must be placed INSIDE the **LARGE BLACK CONTAINER**. Bagged trash outside of the container will not be picked up.

Recycle Items in Large Blue Containers

Items that can be recycled:

Aluminum, steel/tin cans, glass - clear, green & brown bottles, plastic bottles with neck & spouts, tops removed and discarded, paper, clean newspapers, broken down cardboard such as cereal boxes, mail including catalogs/magazines, paper grocery bags

Check-Out

Check-out is before 10:00 AM

Your prompt departure is appreciated, it allows Housekeeping sufficient time to prepare for the next family checking into your rental unit. **LATE CHECK-OUTS ARE SUBJECT TO AN ADDITIONAL NIGHTS LODGING FEE.**

- 1) **Empty** all food items from cabinets and refrigerators.

***Food Donation:** If you have any canned goods or unopened dry foods left over and you wish to donate to a local food pantry, please drop it off at our office. We will make sure they are delivered to those in need.

- 2) **Double Check** under beds, dressers, bathroom drawers and closets for personal items.
- 3) **Wash** and put away all pots, pans, dishes, glasses, etc.
- 4) **Clean/scrape** BBQ grill (do not empty hot charcoal).
- 5) **Close** and lock all windows and doors.
- 6) **Set** thermostat to 75 degrees (during the summer).
- 7) **Run** dishwasher.
- 8) **Linens** should remain on beds for Housekeeping staff to remove.
- 9) **Dispose of Trash**



- 10) If you run out of propane after hours, please call the office in the morning for replacement.
- 11) Turn off electronics and lights.
- 12) Lock all doors - sliders & windows before you depart.
- 13) Leave towels on the bathroom floors.
- 14) **DO NOT** move any furniture in any room, pool, outside deck or outdoor space.

Sanctuary: Place trash in securely closed trash bag and place in trash chute.

Sandbridge Dunes Condo place in dumpster on the north side of the building.

Large Trash & Recycle Containers: Place trash in the correct containers and push to street for pick-up.

Traffic-Driving Home

The Hampton Roads Bridge Tunnel is heavily traveled and you may experience delays during the summer. You may want to use the **Monitor - Merrimac Tunnel** if traveling North (**Rte 664**).

Book For Next Year

As a courtesy to our repeat guests, \$500 will reserve any of our properties for next year and be applied towards the first half of your payment (due by Jan. 2024). The second half is due 60 days before arrival.



Rental Policies

Maintenance

All equipment should be in working order. Please report any inoperable equipment to our office promptly. We will make every effort to have the repairs made as soon as possible. Owner and agent have the right to inspect and make repairs during the rental period. No reduction of rent, rebate, or refund will be issued for any mechanical failure of air conditioner, major or minor appliances, public utility interruptions, guest dissatisfaction, or errors in brochures, website and/or lease including changes made by owner in bedding, furnitures, equipment etc.

Construction - Condo or Home

If your rental is near construction, please be understanding. We do everything possible to contact the contractor about noise, starting time, etc.; however, if there's a problem, no refund or move will be made.

Pets

Ocean Sands Realty has designated pet friendly (dogs only) homes. No pets are allowed without agent's specific approval in advance and pet fee paid. Any unauthorized pet on premises shall result in automatic forfeiture of all monies paid and immediate eviction without refund.



All authorized pets must be kept on premises. **Dogs are not allowed in pools and hot tubs.**

From the first Friday before Memorial Day through Labor Day weekend, Pets are only allowed on the beach (on leash) **before 10 am and after 6 pm.** You are required to scoop up "messes" your pet makes on the beach. **Pets are not permitted in any of our condos.**

Furniture and Furnishings

All of our condos are individually owned and furnished by their owners. If your group is renting more than one condo, please do not mix furniture, kitchen items etc. The furniture is set up according to the owner's desire; please do not rearrange it or leave furnishings outdoors. Please do not sit on sofa, chairs or bed with wet clothing. Bring your own beach chairs and towels. Do not take any bedding or deck furniture to the beach. Bedspreads and blankets are ruined by the salt and sand.

Inclement Weather

Tune to the Weather Channel (24), Local News Stations (3) (10) and (13) for updated weather information.

Family Groups

Thank you for choosing **Ocean Sands Realty**. We are happy you chose us and Sandbridge Beach for your summer family vacation destination! We want everyone to enjoy a fun and relaxing time at the beach! To ensure the best experience possible, please be considerate of others during your stay by reviewing the **Family Group and Noise Restriction Guidelines listed below.**

We are instructed by our owners to rent to family groups only. Therefore, we are unable to accommodate student groups, fraternities, sororities, or single groups. Sandbridge Beach is a family-oriented community. House parties are strictly prohibited, and occupancy on the premise must be limited to the number of guests as noted in the original contract. The leaseholder must be **at least 25 years** of age and is required to occupy the property for the entire duration of the stay, as stated in the contract at the time of signing. Failure to comply with these rules will result in immediate vacancy of the property without refund.

Misrepresentation of any kind will not be tolerated and will be grounds to immediately vacate the property

without refund. This includes but is not limited to: house parties, exceeding house occupancy limit and destruction to any portion of the property or its surroundings.

Additionally, per the **Short-Term Rental Zoning Ordinance issued by the City of Virginia Beach**, the number of persons (occupancy limit) in a rental property cannot exceed the number of bedrooms times three. This is for fire hazard safety and protection. There are several properties that have a lower occupancy than permitted in the City Ordinance, which are specified and listed in the property description and reviewed at the time of signing.

Quiet Hours

Please be considerate of your neighbors. City Ordinance prohibits making unreasonably loud and raucous noise, unreasonably loud use of audio-visual devices, musical instruments or amplified sound, etc. between **the hours of 11pm - 7am**. Our staff at **Ocean and Sands Realty** thank you for your full cooperation with this matter. Compliance of these rules and regulations helps to ensure our guests and their families enjoy the best vacation experience.

Individual Units

Each unit is privately owned and furnished. Rental rates are based on location, amenities and quality of furnishings. The properties are described as realistically as possible with regards to space and physical condition. Refunds and substitutions cannot be made upon arrival. For details of the property go to www.oceansandsrealtyva.com and take a 3D virtual tour.



(not included in General Information.)

Pets of any kind are not allowed.
No Smoking Allowed except in Designated Smoking Areas.

How to use your Card Key

Your Card Key allows access to the building only, not your unit. You will find white card pads located next to the building access door and next to the garage elevators. You are allowed access to the elevators by using the same method as the outside doors. You will need to wave your card in front of the white pad and pull on the door or push the elevator button when you hear the beeping sound.

Lost Card Key

Card Keys are expensive. They have built-in dual technology, they are not like the typical hotel key. **There is a \$35.00 charge for lost card keys.**

Lock-Out Policy

In the event you are locked out, you can come by our office and borrow a key. After hours you may call our office at (757) 426-7263. After Hours Lock-Out fee of \$50.00 will be charged.

Campers, RVs, & Trailers are not allowed on Premises.

Parking - Limited to two cars per unit in designated areas and must contain a parking pass.

Grills

The use of grills on private decks is prohibited. Please limit grilling to the pool areas where gas grills are provided. Viking grills are cleaned and maintained by homeowners association.

Air Conditioner

During the summer it could take up to 24 hours to cool the property; some homes have two or more heat pumps with separate controls. Keeping the temperature at a constant setting no lower than 72 degrees will prevent the unit from freezing up. All windows and doors should be closed when A/C is running. Homes with Keyless Entry/Smart Homes: A/C will automatically shut off if door and/or window is left open for 20 minutes or more. If your A/C shuts off: Please make sure all windows and doors are shut before calling our office.
(757) 426-7263

Helpful House Information

Washers/Dryers

There is a troubleshooting guide on the underside of the washer lid. If no instructions are listed, here are a few tips to avoid a problem of clogging the washing machine: **Please shake sand out of clothing and towels prior to washing.** If the washer will not spin after the washing cycle, make sure you don't have too many clothes in the machine. Many washers are being replaced with **High Efficiency Machines** that require special HE, low-sudsing detergent. Please check your property's machine prior to purchasing laundry detergent.

Dryer: If the dryer is taking too long to dry, try putting in fewer clothes. Keep the lint filter clean. A clean filter shortens drying time and prevents overheating and a possible fire.

Gas Grills

Please note that cleaning the grill is the guest's responsibility; please be considerate and keep the grill clean. **NOTE:** Safety ordinances prohibits grilling on decks or porches. Grill on the ground level away from the home.

Sanctuary Condo

Grilling on private deck is prohibited. Please limit grilling to the grills provided in the pool area. Viking grills are cleaned and maintained by the Homeowners Association.



Sandbridge Dunes:

Charcoal grills are available outside the pool to right at the back of the building. Please bring your own charcoal. No grilling on decks, per city restrictions.

Vertical Blinds

Vertical Blinds are simple to operate, if you follow a few easy instructions that will avoid damaging them. Use the chain to open slats vertically. Make sure the blinds are open before moving them from side to side. Use the rope pull to move it from side to side. Do not force if they seem to be caught or

jammed. If jammed, simply reach up and turn the blinds so that they are all parallel. Vertical Blinds are expensive, so please do not tug or swing on them.

Jetted Tubs

Jetted tubs must be filled with water before using and providing circulation. They do not heat the water. Jets must be covered by two inches of water before using.

Power Outages

Sandbridge occasionally experiences power surges, community-wide and intermittent off and on. You can contact Dominion Power toll free at 1 (866) 366-4357 for detailed information on area specific outages and power restoration. Cable TV is sometimes interrupted, but is usually restored in a short period of time.

Electrical Storms

Sandbridge and the surrounding area are subject to sudden severe storms. In the event this happens, get out of the water (ocean or pool), and take shelter immediately. Avoid using appliances during lightning storms and turn off all major appliances, especially TVs, DVDs, computers.

Smoke Detectors

On occasion salt air will set off smoke alarms. In the event your smoke alarm goes off and there is no signs of smoke or fire, please call the office at (757) 426-7263.

Linens, towels, and bed making are provided.

Top bunks, daybed, pull out couches or futons are not included in bed making. The linens will be placed on top.



Carpet/Upholstery

Let us know as soon as possible if you stain the carpet or upholstery. The wrong treatment can make it worse.

Pool Information Service & Safety

Electrical Storms

Sandbridge and the surrounding area are subject to sudden severe storms.

DO NOT USE THE POOL DURING SEVERE WEATHER CONDITIONS!

Get out of the water (ocean or pool), and take shelter immediately!

Pools & Hot Tubs

Pools and Hot Tubs are professionally cleaned and serviced. For your safety and an accident free vacation, please follow rules and make sure your children also follow the rules.



1. Shower and rinse off before entering the pool.
2. No Diving
3. No Running
4. No Rough Play
5. No Glass in Pool
6. Under no circumstances should any chemicals be added to the pool by guest.
7. No Pets are permitted in any pool.
8. No one, especially children, should swim alone.
9. No person with a transmittable disease allowed in the pool.
10. Under no circumstances should anyone under the influence of drugs or alcohol be in the pool.
11. The pool is only for our guest's use.
12. Sanctuary pools are required to maintain strict adherence to all health department guidelines.

Please respect your neighbors! Rowdy behavior and loud music will not be tolerated. Enjoy the condo and the pool, but do not abuse your privileges.

Pool Service & Safety

Please review the following safety tips. Operational issues must be reported immediately.

Private Pools are available during pool season unless otherwise noted.

Heated Pools availability and temperature vary by property. Please refer to your property contract.

Private Pools are serviced up to two times a week, including cleaning, chemical and mechanical checks. Please wash off before entering the pool.

For Optimal Function, add water as needed to maintain required levels (midway up the skimmer return). Pool heater, if applicable, will not turn off if water is below the required standard.

Pets are not permitted in pools or hot tub.

Do Not Turn Off or disable alarms on doors with pool access.

Diving Is Prohibited!

Do not use any type of electrical appliance or device while in contact with water or when your hands and feet are wet.

Keep the pool area free of trash. Please be considerate and tidy up this area prior to your departure. Take all your personal belongings.

Please do not tamper with pool heater, equipment or hot tubs. **Waterfalls** and similar pool features are aesthetic and should not be tampered with, sat or stood upon.

DO NOT LEAVE CHILDREN UNATTENDED AT ANY TIME EVEN IF THEY ARE ABLE TO SWIM.

IN CASE OF AN EMERGENCY CALL 911

Public Beach

No parking allowed along Sandfiddler Rd. and Sandpiper Rd. except for the 3200 - 3600 blocks Sandfiddler Rd.

There are 2 Public Beach areas with Public Parking facilities (for a small daily fee, in season) at 2500 block of Sandfiddler Rd. - behind Sandbridge Seaside Market and a larger beach area at Little Island Park - past the 3600 block of Sandpiper Rd. Both beaches have lifeguards Memorial Day - Labor Day weekend.

Fishing Permits

Virginia requires a license to fish with the exception of Virginia residents under 16, 65 and older, and non residents under 12.

A **Fresh Water license** is required for Back Bay and a **Salt Water license** is required along the beach at Sandbridge (Please Observe Swimmers). Fishing licenses available at Walmart in Red Mill Commons.

Fishing Piers

Sandbridge Beach: Little Island Park Pier at the end of Sandpiper Rd. (757) 426-7200.

Open 6am - 9pm

Resort Area: 15th Street Pier (757) 428-2333

Beach Rules & Safety

Driving on the Beach, Bonfires, Glass Containers, Alcoholic Beverage or Fireworks are not permitted by Virginia Beach City Ordinances.

Personal Items are not allowed to be left unattended on the beach at any time. These items include, but are not limited to tents, canopy structures, chairs, umbrellas, coolers, boats and surfboards.

City employees will remove and dispose of these items daily.

Parents are responsible for the conduct of their children.

Please watch out for the little ones, especially in beach areas where there are no lifeguards. **DO NOT LEAVE CHILDREN UNATTENDED AT ANY TIME EVEN IF THEY ARE ABLE TO SWIM.**

SWIMMERS ALWAYS HAVE THE RIGHT OF WAY OVER SURFERS. FOR YOUR SAFETY IT IS UNLAWFUL TO SWIM MORE THAN 50 YARDS FROM SHORE.

Pets on the Beach - from Memorial Day - Labor Day Weekend. Pets are only allowed on the beach (on a leash) **before 10am and after 6pm.** Please clean and scoop up any messes your pet makes. Dispose in pet disposal containers.

Sand Dunes are Fragile

Use walkways for beach access. Crossing and climbing the dunes at other locations is not allowed. State Law prohibits disturbing or picking Sea Oats or any other protected dune vegetation.

Surfing Rules from Memorial Day - Labor Day Weekend. Surfing is only allowed at the lifeguarded beach located to the left of the fishing pier. Surfers must wear a leash and surfing is prohibited within 30 feet of the shoreline. Surfing is permitted year round Monday-Thursday. **No surfing is allowed 11am - 4pm Friday - Sunday except in designated surfing areas.**

Injured or Stranded Marine Animals

If you notice a stranded dolphin, whale, or other marine creature on the beach (dead or alive) please immediately notify the **Virginia Aquarium & Marine Science Center Hotline at (757) 385-7575.** Marine animals are protected species and fines are in the thousands of dollars for possessing any part of an endangered animal.



Sandbridge Map



Access Paths

Boating & Safety

It is unlawful to launch or land a motorboat, sailboat, jet ski, or any other vessel on Sandbridge Beach between the hours of 10am and 5pm except on the last 400 ft. of beach south of Little Island Park.

The depth of Back Bay as well as the canals average around 4ft. and is effected by the direction of the wind rather than the lunar tides. This depth may change drastically due to an increase or decrease or shift in wind direction. The Canal is a No Wake Zone. Boats should not come within 100 yards of shore. No alcoholic beverages are allowed while boating. Life Jackets should be worn at all times.

Boat Ramps

If your home does not have a boat launch you may launch your boat into the bay, for free, at Mill Landing Rd. Ramp (off Princess Anne Rd. in Pungo); or for a fee at North Landing Shore Campground on Colechester Rd. off of Sandbridge Rd.

Water Safety

Beach currents vary from area to area. Water conditions are marked in supervised areas and should be paid close attention to. Never swim when intoxicated. If you are confronted by a large wave, try to dive under it until it passes. If the water is too shallow, crouch and keep a low body profile.

If caught in a rip current (flows out to sea) relax and swim parallel with the shore the same direction as the current flow until the pull stops. Then swim diagonally toward the shore. Wave for help and don't panic.

Undertows occur when a wave comes upon the beach and breaks, and then runs back to the sea. It sucks at your ankles from small waves, but in heavy surf an undertow can knock you off your feet and carry you off shore. **If carried out do not resist, let it carry you off shore until it subsides. It will only be a few yards. The next wave will push you shoreward again.**

Storms & Hurricanes

VIRGINIA BEACH EMERGENCY NUMBERS

Office of Emergency Management..... (757) 385-1077
City Information (757) 385-3111
Emergency, Police, Fire, Medical 911
Evacuation Assistance 911
Local TV Stations3, 10, 13
Weather Channel24
Radio Stations (790 AM) NOAA WEATHER RADIO

A **Hurricane Watch** means that a hurricane may threaten within 36 Hours.

A **Hurricane Warning** means that a hurricane is expected to strike within 24 hours. In either case stay tuned to radio station 790 AM, NOAA Weather Radio, Local TV Stations 3 -10 -13, and 24 The Weather Channel, for advisories and safety information.

Mandatory Hurricane Evacuation

Stay tuned to local television stations (3 -10 -13) for updates on the tracking of the hurricane. If local officials feel the hurricane will threaten lives in a particular area a **Mandatory Evacuation is issued. If a Mandatory Evacuation is issued please leave the area immediately.** Before you leave we ask for your help in preparing for the storm by doing the following: Bring in all deck furniture, BBQ grills and anything in the yard that could be a projectile in strong winds. Put trash cans in the outside shower or storage area. Unplug major appliances such as microwaves, TVs, DVDs, stereos, etc., be sure screens are latched shut. Set thermostat to off, close all windows and blinds. Make sure doors are locked tightly,

Local Nearby Shelters

If you decide to go to a shelter during a hurricane or if a mandatory evacuation is issued, shelter openings will be announced on the local TV stations or stop by our office for shelter information. The closest shelters to Sandbridge are not always the first ones

to open, but they are **Corporate Landing Middle School at 1597 Corporate Landing Parkway and Landstown High School at 2001 Concert Dr.**

Items You'll Need To Take To The Shelter

Toiletries (toothbrush, toothpaste, soap, towels etc.). Prescription medicine (get refills before going to shelter). Lawn chair lounges or cots for resting or sleeping. Sleeping bags, blankets, pillows, etc., one complete change of clothes, a small supply of drinking water (4 gallons) a small (2 day supply) of non perishable pre-cooked foods. Remember to fill your gas tank before the hurricane hits. Unfortunately, animals are not allowed in shelters, so be sure to make other arrangements for your pets.



Cox Cable TV Listings

2	My Network TV	64	FOX News Channel
3	CBS	65	Golf
4	WSKY	66	TNT
5	Univision	67	VH1
6	UNC TV	68	Food Network
7	CW	69	YUR VIEW VA
8	CNN	70	SHOP HQ
9	Lifetime	71	National Geographic
10	NBC	72	MoviePlex
11	ESPN 2	73	WizeBuys TV
12	ESPN	74	Hallmark Channel
13	ABC	75	Hallmark Movies & Mysteries
14	FOX	76	GSN
15	PBS	93	CSPAN3
16	FX	94	CSPAN2
17	Cartoon	95	CSPAN
18	USA Network	97	POP
19	Freeform	99	WGN America
20	TBN	103	Investigation Discovery
22	MTV	106	Virginia Tidewater Consortium
23	MSNBC	107	PBS World - WHRO
24	The Weather Channel	108	PBS Kids - WHRO
25	CNBC	109	PBS Create - WHRO
26	HLN	110	Cox Hampton Roads Sports
27	HGTV	111	CHARGE WTVZ DT2
28	A&E	112	Grit TV
29	Nickelodeon	113	Antenna TV - WGNT
30	TLC	114	True Crime
31	Discovery	115	ME TV
32	Comedy Central	116	GET TV
33	CMT	117	SPORTS GRID
34	HSN	118	COURT TV LIVE
35	Comcast SportsNet	120	Gem Shopping Network
36	BET	121	Liquidation Channel
37	TV Land	122	Comet
38	Disney	124	Explore Hampton Roads
39	MASN	125	UNC (North Carolina) Sanctuary
40	Syfy	126	UNC-KD
41	E! Entertainment	127	UNC-EX
42	TBS	131	Daystar Television Network
43	Animal Planet	132	INSP
46	Government Access	133	Eternal Word Television Network
47	Government/Educational	134	The Word Network
49	Ion WPXV	135	MSN2
50	QVC	200	IFC HD
51	FXX	201	Sundance
53	NBC Sports	212	WE TV
55	AMC	219	Fox Sports 2
54	FBN (Fox Business News)	243	Universal Kid
56	Paramount	248	Oxygen
57	truTV	260	Cowboy
58	OWN	1080	Motor Trend
59	History	1081	MTV Live
60	YUR VAHD	1082	Olympic
61	Bravo	1105	Nick Jr.
62	Travel Channel	1132	INSP
63	Fox Sports 1		

Radio Stations

R & B.....	95.7
Public Radio.....	90.3
Classic Hits.....	106.9
60s,70s & 80s.....	92.9
Top 40.....	94.9
Rock.....	98.7
Christian.....	97.9
Country.....	97.3
Public Radio.....	89.5
News Radio.....	790 AM
	850 AM

BEACH EQUIPMENT RENTALS

Ocean Rentals provides beach chairs, umbrellas, bikes, surf boards, paddle boards, kayaks, tours, surf lessons & camps for all ages! Give us a call and we will deliver your needed beach gear, or schedule a dolphin tour or paddle board lesson while staying in Sandbridge.



757-721-6210



577 Sandbridge Road, next to Vacasa!
www.oceanrentalsltd.com

EMERGENCY

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Police - NON-EMERGENCY	757-385-5000
Sandbridge Fire Station	757-385-2817
Sentara Virginia Beach General Hospital	757-395-8000
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Hunt Club Kennels	757-427-6611

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Ocean Rentals	757-721-6210
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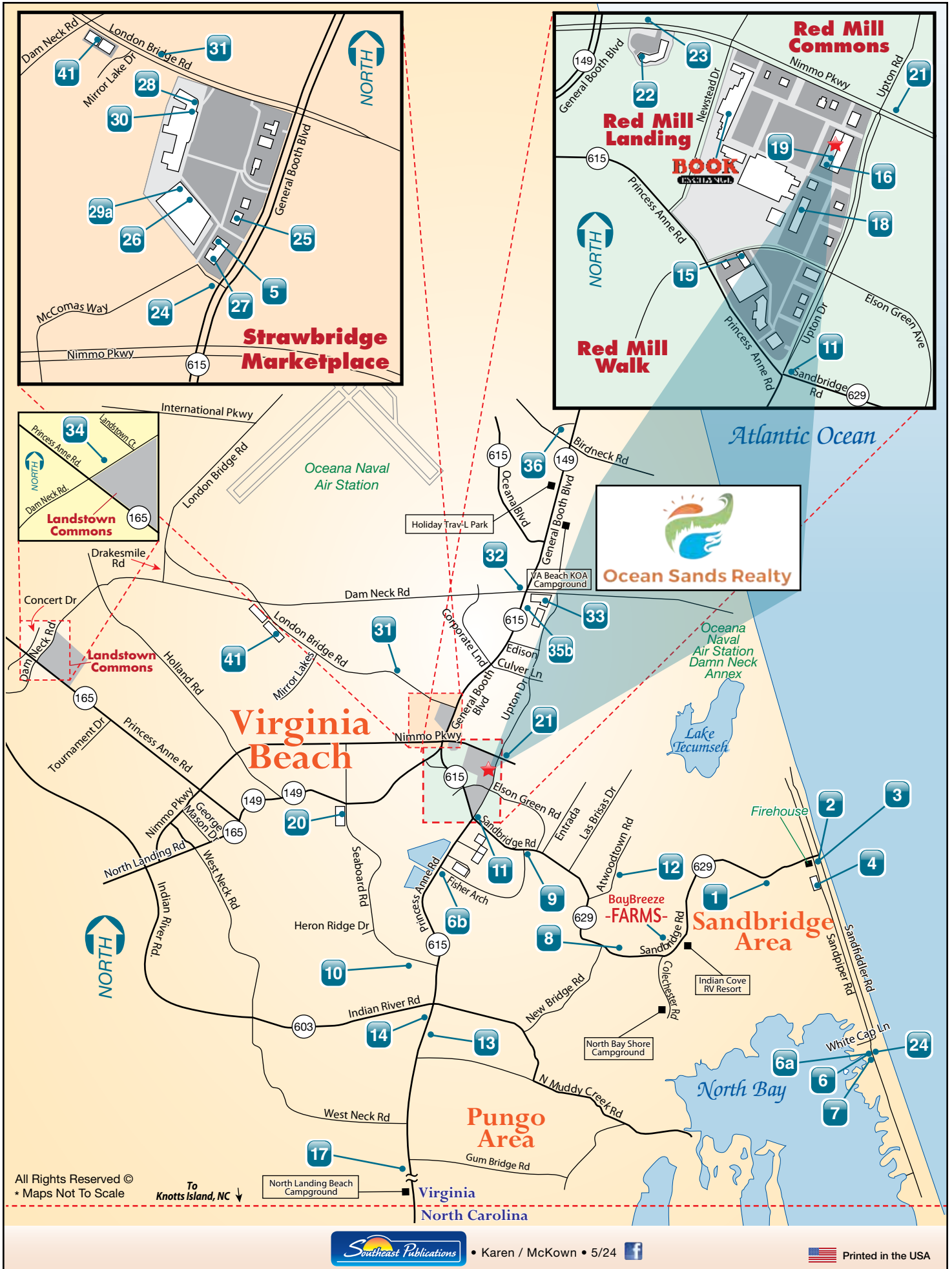
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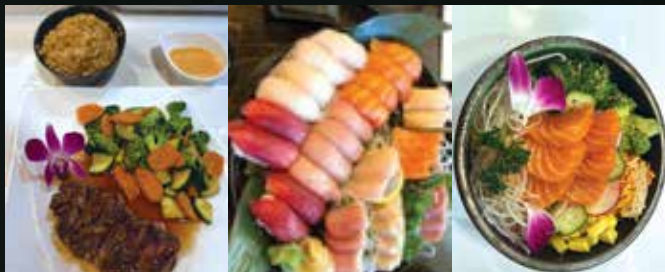
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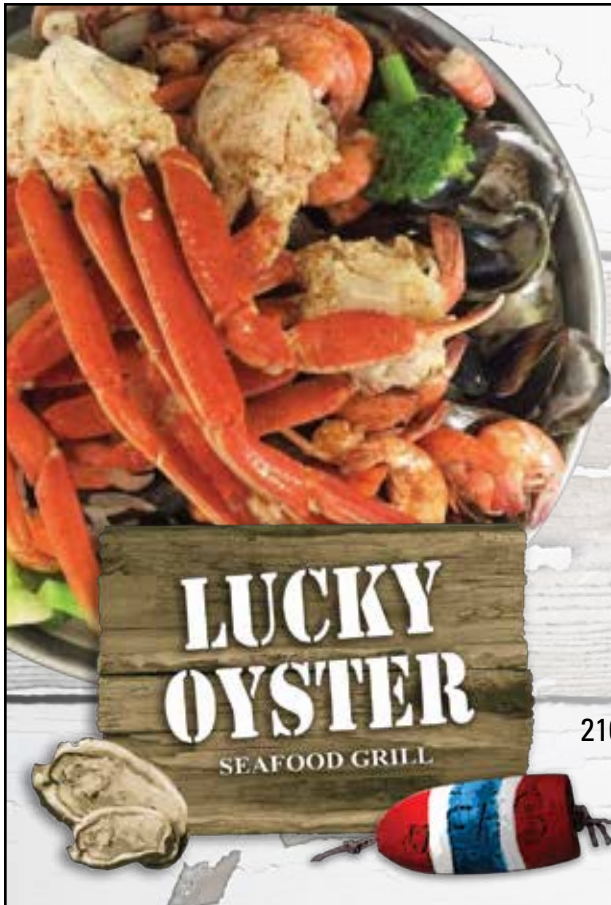
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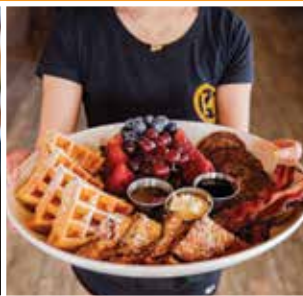
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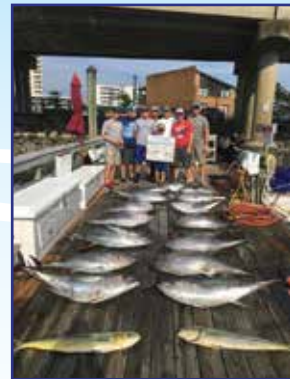
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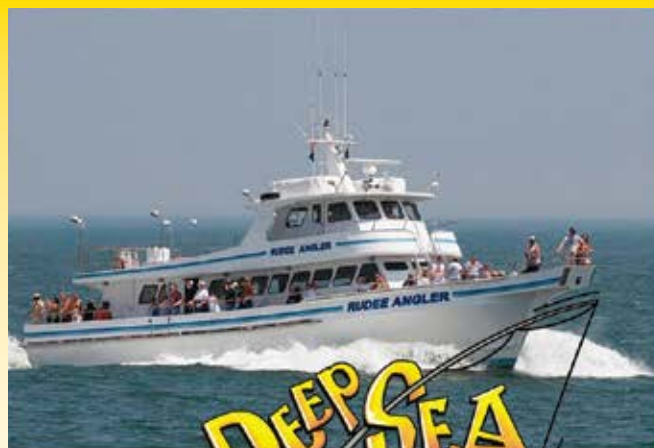


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