

Sandbridge Beach isn't just another resort destination; it's a unique community of privately owned rental homes & condos.

It is the perfect family vacation destination away from the hustle, bustle & noise of the oceanfront, but near enough for great restaurants, shopping, amusements, & services. This Sandbridge Beach local area guide provides you with important and helpful information, as well as a general overview of the area to show you where all of the nearby shopping and area attractions are located.

Accommodations

Ocean Sands Realty (757) 426-7263
2137 Upton Dr. • Virginia Beach, VA 23454
www.oceansandsrealtyva.com

Sandbridge Blue (757) 426-1993
www.sandbridgeblue.com

Sandbridge Life Realty (757) 447-3600
www.sandbridgelife.com

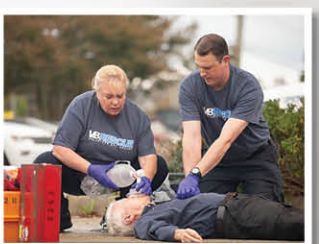
Siebert Realty (757) 426-6200
www.siebert-realty.com

Vacasa (757) 426-6262
www.vacasa.com

SANDBRIDGE VOLUNTEER RESCUE SQUAD

(757) 385-2917
305 Sandbridge Road • Virginia Beach, VA 23456
www.sandbridgerescuesquad.com

Sandbridge's Volunteer Rescue Squad provides 24/7 year-round emergency services to residents & visitors free of charge. We are 100% volunteer and supported by our outstanding donors.



Fundraising Events

Wednesday Night Bingo
Mid-June to Mid-August - 7:30 PM - Cash Prizes!
Saturday after Labor Day
SBVRS Pig Pickin' - 1-5 PM - Little Island Park
Buy tickets from local realtors & Sandbridgeboosters.com



Water Safety

Beach currents vary from area to area. Water conditions are marked in supervised areas and should be paid close attention to. Never swim when intoxicated. If you are confronted by a large wave, try to dive under it until it passes. If the water is too shallow, crouch and keep a low body profile.

If caught in a rip current (flows out to sea) relax and swim parallel with the shore in the same direction as the current flow until the pull stops. Then swim diagonally toward the shore. Wave for help and don't panic.

Undertows occur when a wave comes upon the beach and breaks, and then runs back to the sea. It sucks at your ankles from small waves, but in heavy surf an undertow can knock you off your feet and carry you off shore. If carried out do not resist, let it carry you off shore until it subsides. It will only be a few yards. The next wave will push you shoreward again.

Electrical Storms

Sandbridge and the surrounding area are subject to sudden severe storms. **DO NOT USE THE POOL DURING SEVERE WEATHER CONDITIONS!** Get out of the water (ocean or pool), and take shelter immediately!

Boating & Safety

It is unlawful to launch or land a motorboat, sailboat, jet ski, or any other vessel on Sandbridge Beach between the hours of 10am and 5pm except on the last 400 ft. of beach south of Little Island Park.

The Depth of Back Bay as well as the canals average around 4ft. and is affected by the direction of the wind rather than the lunar tides. This depth may change drastically due to an increase or decrease or shift in wind direction. The Canal is a **No Wake Zone**. Boats should not come within 100 yards of shore. No alcoholic beverages are allowed while boating. Life Jackets should be worn at all times.

Access to the Beach is Easy

(See the local area map for all of the access locations.)

There are 2 Public Beaches

The first access point is at the entrance of Sandbridge Rd. next to the Sandbridge Seaside Market. There is a fee for public parking behind the market.

The Second is Little Island Beach

Next to The Sanctuary on Sandpiper Rd., it is the larger of the two; it has a large parking area for a fee.
• Tennis Court • 2 Basketball Hoops • Playground
• 2 Bathhouses • Covered Shelters with Grills
• Fishing Pier

Parking

Please Note Per City Laws
Parking is not allowed on community streets unless indicated. (Towing Enforced)

Towing Is Enforced

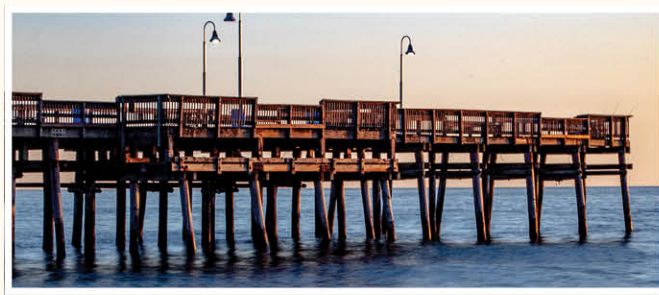
Campers/RVs and mobile units are not allowed and may not be parked or hooked up to any home. Daily parking is available within Sandbridge at designated city lots and side streets.

Parking Is Permitted

on the 3200-3600 blocks of Sandfiddler Rd. and on the side streets of:
• Porpoise Ln. • Chub Ln. • Whiting Ln.
• Porters Island Rd. • Angel Fish Ln.
• Molly Cooper Rd. • Kabler Rd. • Seascape Rd.

Lifeguard Locations

Lifeguards are on duty seven days a week from Memorial Day to Labor Day (except in inclement weather) at two public locations: The Sandbridge Market Beach and Little Island Park. Lifeguards are on stands located north and south from both locations, and patrolling guards on ATVs make frequent trips up and down the beach. Use caution if you are swimming in any area outside of these two locations.



Little Island Fishing Pier

The 400 ft pier is located in Sandbridge in the middle of Little Island Park.

Fishing Pier Hours:

May 1 - October 31: 6:00 am - 9:00 pm
November 1 - April 15: 7:00 am - Posted Closing Time

Fishing Pier Fees:

- Sightseeing: \$1 resident / \$2 non-resident
- Fishing: \$8 resident / \$10 non-resident
- Weekly Pier Fishing Pass: \$25 resident / \$35 non-resident
- Annual Pier Fishing Pass: \$100 resident / \$125 non-resident

Fishing Permits:

Virginia requires a license to fish with the exception of Virginia residents under 16, 65 and older, and non residents under 12.

A Fresh Water license is required for Back Bay and a Salt Water license is required along the beach at Sandbridge (Please Observe Swimmers). Fishing licenses available at Walmart in Red Mill Commons.

EMERGENCY		911
Fire, Police, Rescue	757-385-4444	
Animal Control	757-385-4444	
Coast Guard	757-484-8192	
Key West Lock & Safe	757-467-3282	
Patient First (minor emergencies)	757-721-0512	
Poison Information	1-800-222-1222	
Police - NON-EMERGENCY	757-385-5000	
Sandbridge Fire Station	757-385-2817	
Sentara Virginia Beach General Hospital	757-395-8000	
Sentara Princess Anne Hospital	757-507-0010	
Shore Patrol	757-623-2291	
Dominion Power (power outage)	1-888-667-3000	
Mental Health Hotline	757-622-1126	

Back Bay National Wildlife Refuge & False Cape State Park

4005 Sandpiper Rd. • Virginia Beach, VA 23456
(757) 301-7329



Learn More
Scan Here
For Back Bay National Wildlife Refuge Website

Located in Sandbridge at the south end, just past Little Island Park, the refuge protects and provides a habitat for swans, snow & Canada geese, a large variety of ducks, loggerhead sea turtles, brown pelicans, eagles & more.

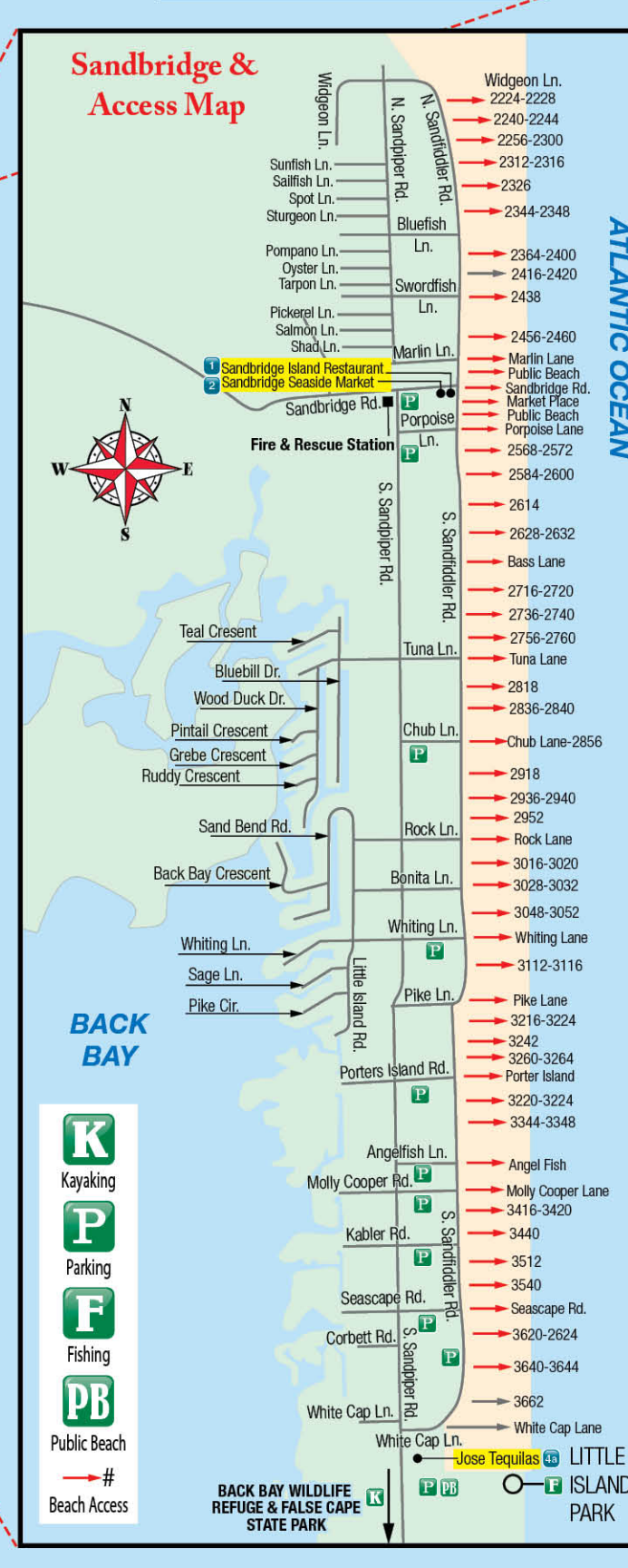
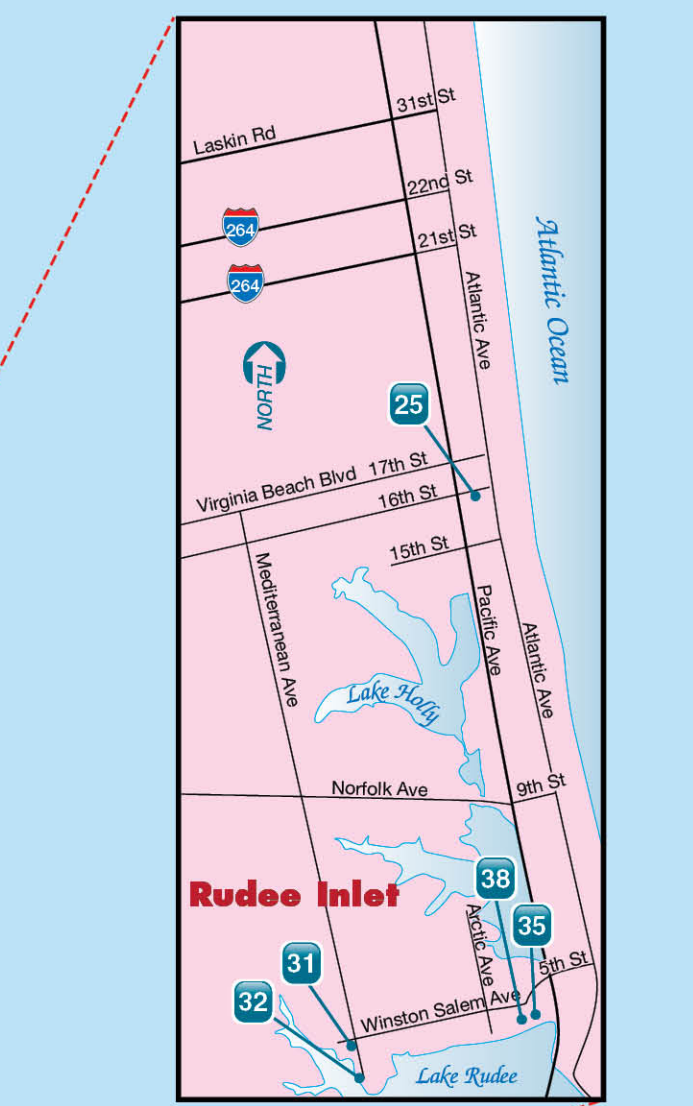
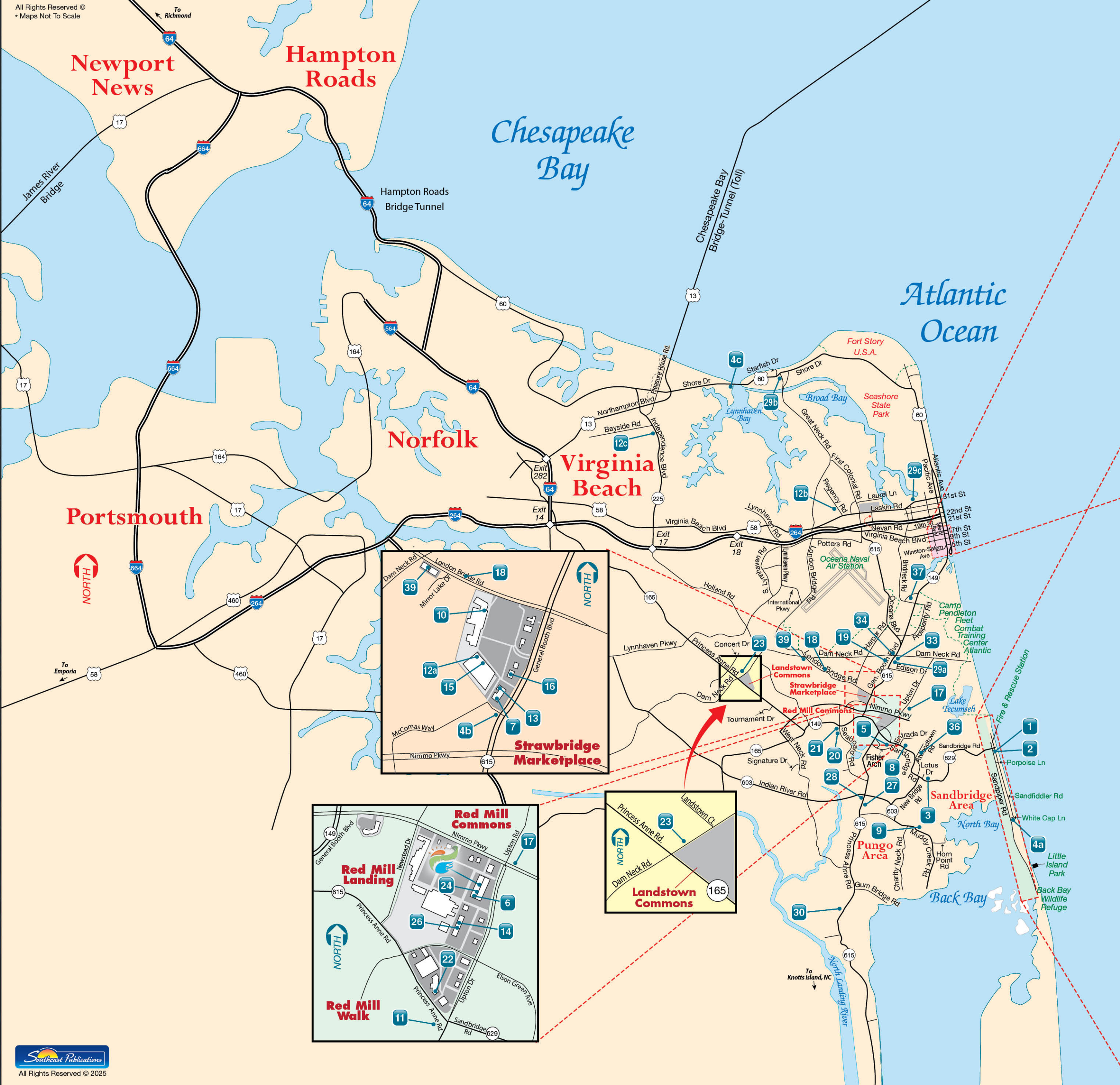
The Refuge offers over 8 miles of scenic trails, a welcome center, recreational activities, hiking, biking, fresh water & surf fishing, kayaking, canoeing, wildlife photography, and more.

The refuge also works with neighboring False Cape State Park to provide tram tours: Blue Goose Wildlife Trams, throughout the year.

Tram tours begin at the wildlife parking lot and start with a ride through the wildlife refuge to reach the state park visitor center & continue deep into the state park and return through the refuge back to the starting point.

Time and availability are limited. Call False Cape State Park at (757) 426-7128 for questions & reservations, and scan the QR code below to visit the website for more information.

Learn More
Scan Here
For False Cape State Park Tram Website



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Kathy McKown - (757) 560-4183 • kathymckown@me.com

Sandbridge Beach Visitors Guide

VIRGINIA BEACH, VA
Map to Local Businesses and Attractions



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LEARN: Fun on the Farm field trips offer hands-on learning opportunities to teach students' Fresh Through 5th Grade all about agriculture.

ENJOY: The Farmers Market hosts a variety of free special events all year long, from festivals to craft shows and Friday Night Hoedowns. Enjoy live music at the hoedowns held April through October.

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